

Overview

DemographicsSubstance UseMental Health & ACEsGaming & Gambling

Filters

Year
2024

Demographic Group
Overall

Subpopulation
Overall

Location
Use the map to the right to select a location.

Reset Map

Currently viewing data from DBHDS Region 3 - West

Substance Use

Lifetime Use

Past 30 Day Use

69%

47%

8%

44%

11%

4%

5%

6%

13%

17%

48%

53%

35%

16%

*

14%

2%

*

*

2%

4%

5%

19%

25%

Mental Health & Adverse Childhood Experiences

Young Adult Experiences of Depression, Self-Harm, and Suicidality in the Past Year

Experienced depression

Self-harmed

Seriously considered attempting suicide

Made a plan about how to attempt suicide

Attempted suicide

33%

8%

12%

7%

2%

Number of Adverse Childhood Experiences Participants Reported Experiencing Before Age 18

50%

12%

10%

8%

12%

0

1

2

3

4 or more

Gaming & Gambling

Negative Impacts of Gambling Among Those Who Reported Past 30-Day Gambling

My gaming or gambling time often interferes with my regular activities (e.g. school, work, socializing with friends or family, regular exercise, sleep)

I spend a lot of time during the day thinking about gaming or gambling

My gaming or gambling has negatively affected my finances

I find I drink more alcohol when I game or gamble

I find that I use more tobacco/nicotine products when I game or gamble (e.g. smoke tobacco, vape, or chew)

The Virginia Young Adult Survey (YAS) is a biennial survey of Virginia residents ages 18 to 25 that serves to create a better understanding of the behavioral health needs and experiences among young adults. YAS efforts are funded by the Department of Behavioral Health and Developmental Services (DBHDS), Office of Behavioral Health and Wellness (DBHW) and conducted by Community Service Boards across Virginia in partnership with OMNI Institute.

OMNI

VIRGINIA SOCIAL INDICATOR SUMMARY

Behavioral Health Wellness: Virginia Prevention Works!

The VASS Dashboard is hosted by The OMNI Institute in partnership with Virginia Department of Behavioral Health and Developmental Services

Year
2024



DBHDS Region 3 - West

545



Students

45%

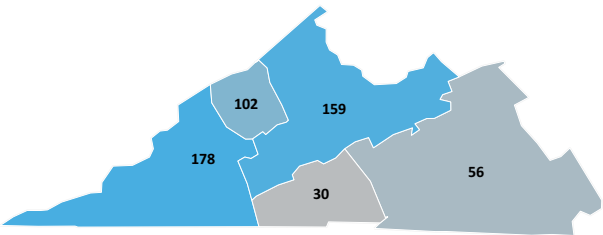


Below 21 years

54%

Use the map below to filter data to a specific region, Community Service Board, or locality. [Reset Map](#)

DBHDS Region 3 - West



Sub-region	Count
Sub-region 1	102
Sub-region 2	159
Sub-region 3	178
Sub-region 4	30
Sub-region 5	56

Age

21 or Older

46%

Under 21

54%

Gender

Man

40%

Non-Binary or Questioning

3%

Woman

53%

Unknown

5%

Students

Student

45%

Non-Student

45%

Unknown

11%

Employment

Employed (paid work)

56%

Not Employed (no paid work)

34%

Unknown

11%

Trans and Gender Diverse Individuals

Trans, Gender Diverse, or Questioning

3%

Not Trans, Gender Diverse, or Questioning

91%

Unknown

6%

Sexual Orientation

LGBQ+

18%

Straight/Heterosexual

71%

Unknown

11%

Black, Indigenous, People of Color (BIPOC)

BIPOC

18%

Non-BIPOC

78%

Unknown

4%

Ethnicity

Hispanic/Latino

4%

Non-Hispanic/Non-Latino

92%

Race

American Indian or Alaska Native

3%

Asian or Asian American

*

Black, African, or African American

10%

Middle Eastern or North African

*

More than one race

5%

Native Hawaiian or Other Pacific Islander

*

White or Caucasian

81%

Other

*

Unknown  4%

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Substance Use: Methamphetamine

Alcohol	Cannabis	Cocaine	Driving Under the Influence
Ecstasy/MDMA	Heroin	Methamphetamine	OTC Medications
Prescription Medications	Tobacco	Vapes & E-Cigarettes	

**Filters**

Currently viewing data from DBHDS Region 3 - West

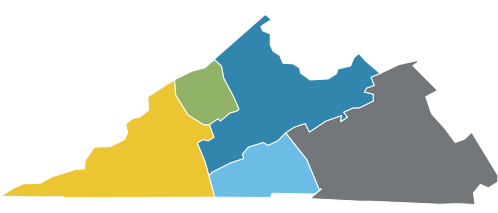
Year
2024

Demographic Group
Overall

Subpopulation
Overall

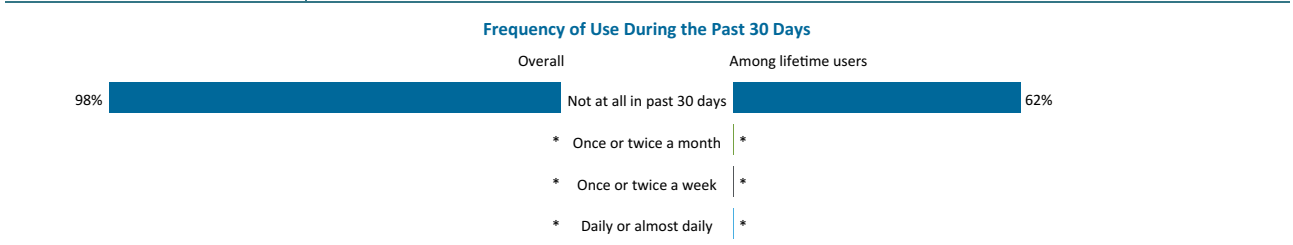
Location
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Reset Map

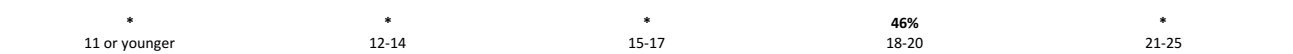


Use Behaviors

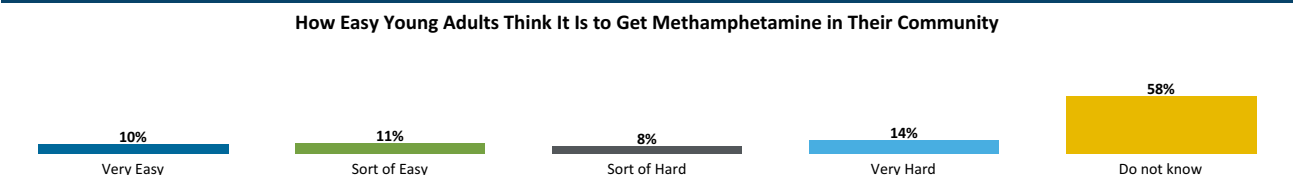
Lifetime Use Rate	Past 30 Day Use Rates	Overall	Among Lifetime Users
6%	2%		38%



Age at First Use Among Those Who Have Ever Used Methamphetamine



Ease of Access



Perceived Risk of Using Methamphetamine



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Substance Use: Over-the-Counter Medications

Alcohol	Cannabis	Cocaine	Driving Under the Influence
Ecstasy/MDMA	Heroin	Methamphetamine	OTC Medications
Prescription Medications	Tobacco	Vapes & E-Cigarettes	

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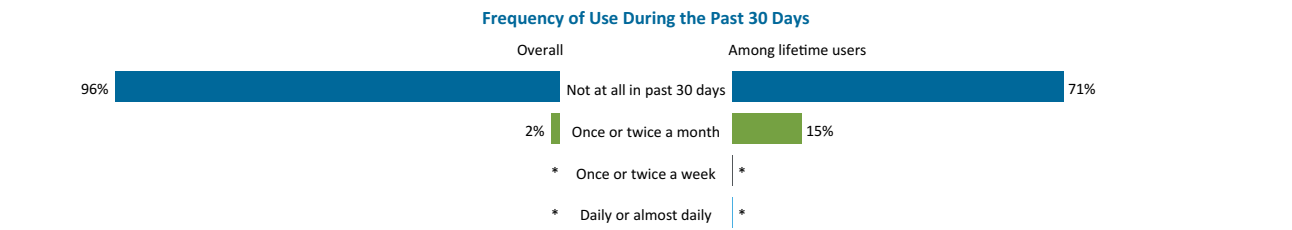
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Use Behaviors

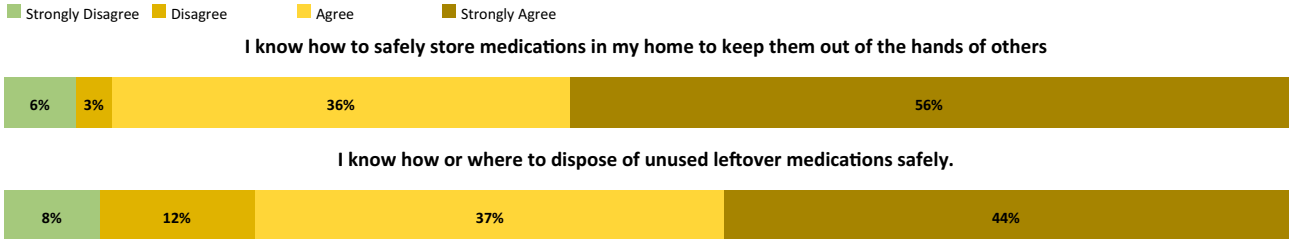
Lifetime Use Rate	Past 30 Day Use Rates	Across All Respondents	Across Lifetime Users
13%		4%	29%



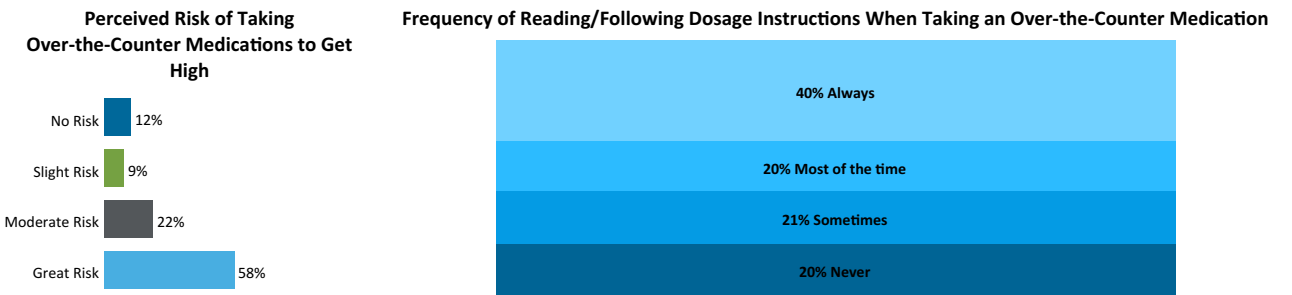
Age at First Use Among Those Who Have Ever Misused Over-The-Counter Medications

* 11 or younger	* 12-14	27% 15-17	36% 18-20	18% 21-25
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Knowledge of Safe Storage & Disposal Methods



Perceptions of Risk



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Substance Use: Prescription Medications

Alcohol	Cannabis	Cocaine	Driving Under the Influence
Ecstasy/MDMA	Heroin	Methamphetamine	OTC Medications
Prescription Medications	Tobacco	Vapes & E-Cigarettes	

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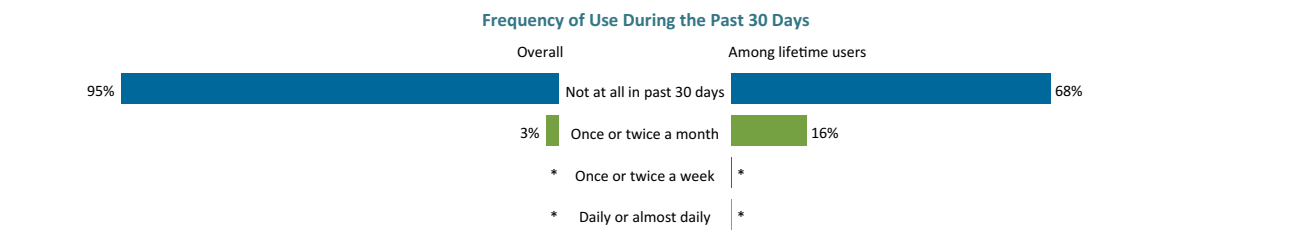
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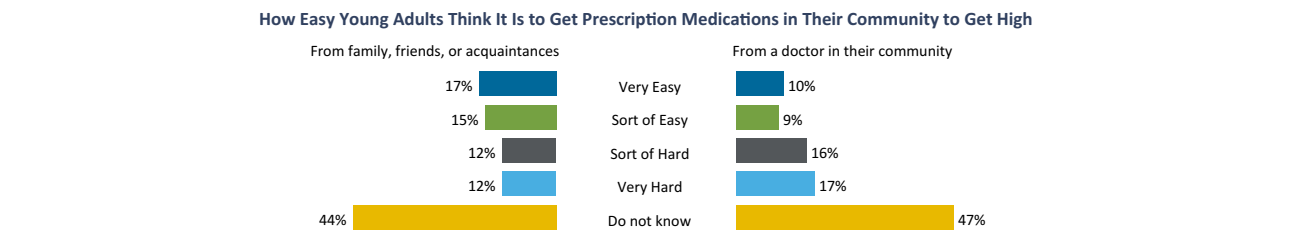
Lifetime Use Rate	17%	Past 30 Day Use Rates	Across All Respondents	Across Lifetime Users
			5%	32%



Age at First Use Among Those Who Have Ever Misused Prescription Medications

* 11 or younger	* 12-14	36% 15-17	36% 18-20	16% 21-25
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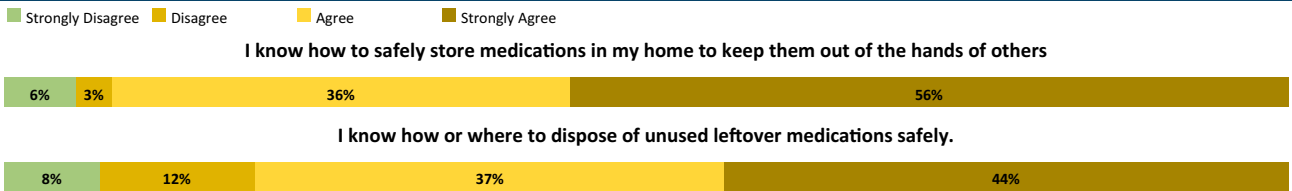
Ease of Access



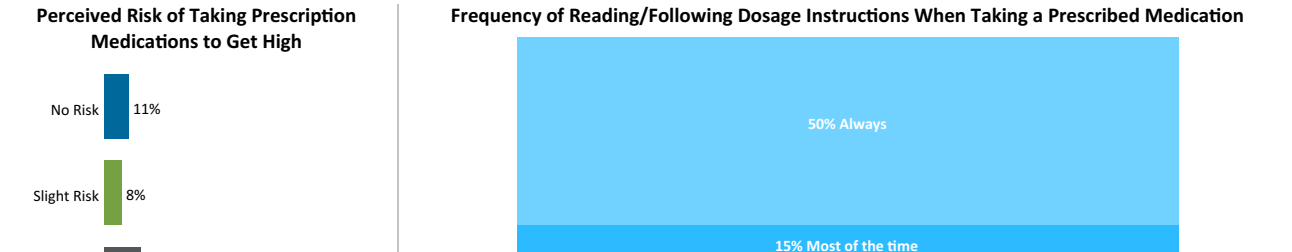
Top 5 Ways Young Adults Accessed Prescription Medications to Get High

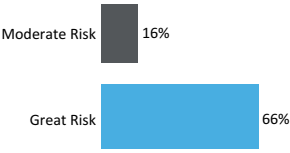


Knowledge of Safe Storage & Disposal Methods



Perceptions of Risk





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