Area Community Mutual Support Group Meetings

NA/AA Area Meeting
**Meetings on this list may not be directly affiliated with NA/AA/CR

Abingdon

| Sinking Springs Presbyterian Church (Main St. and Pecan St.) | AA | Tuesday | 8:00 PM | Open | Open Discussion |
|--|----|----------|---------|------|--------------------|
| Sinking Springs Presbyterian Church (Main St. and Pecan St.) | AA | Thursday | 8:00 PM | Open | Open Discussion |
| Saint Thomas Episcopal Church (124 East Main St.) | AA | Friday | 12:00PM | Open | Open Discussion |
| Sinking Springs Presbyterian Church (Main St. and Pecan St.) | AA | Saturday | 6:00 PM | Open | Open Discussion |
| Saint Thomas Episcopal Church (124 East Main St.) | NA | Tuesday | 8:00 PM | Open | Basic Text Meeting |
| Saint Thomas Episcopal Church | NA | Thursday | 8:00 PM | Open | Open Discussion |
| A New Day Group | NA | Saturday | 8:00PM | Open | Open Discussion |

Appalachia

Baxter, KY

| Baxter, KY- 2084 South US 119 | NA | Sunday | 6:00 PM | Open | Open Discussion |
|-------------------------------|----|-----------|---------|--------|-----------------|
| Baxter, KY- 2084 South US 119 | NA | Monday | 6:00 PM | Closed | Open Discussion |
| Baxter, KY- 2084 South US 119 | NA | Tuesday | 6:00 PM | Closed | Open Discussion |
| Baxter, KY- 2084 South US 119 | NA | Wednesday | 6:00 PM | Closed | Open Discussion |
| Baxter, KY- 2084 South US 119 | NA | Thursday | 6:00 PM | Closed | Open Discussion |
| Baxter, KY- 2084 South US 119 | NA | Friday | 6:00 PM | Closed | Open Discussion |
| Baxter, KY- 2084 South US 119 | NA | Saturday | 6:00 PM | Closed | Open Discussion |

Belfast

| First United Methodist Church (Belfast, VA) | AA | Friday | 8:00 PM | Open | Open Discussion |
|---|----|--------|---------|------|-----------------|
| | | | | | |

Big Stone Gap

| Big Stone Gap Episcopal Church | AA | Tuesday | 8:00 PM | Open | Open Discussion |
|--------------------------------|----|---------|---------|------|------------------|
| Big Stone Gap Episcopal Church | AA | Sunday | 8:00 PM | Open | Open Discussion |
| Big Stone Gap Episcopal Church | AA | Friday | 8:00 PM | Open | Candlelight/Open |

Bluefield

| First Presbyterian Church (208 Tazewell Ave.) | NA | Monday | 6:00 PM | Closed | Meditation Meeting |
|--|----|-----------|------------|--------|-----------------------------|
| First Presbyterian Church | NA | Tuesday | 6:00 PM | Closed | Open Discussion/Candlelight |
| First Presbyterian Church | NA | Thursday | 6:00 PM | Open | Open Discussion/ Text Study |
| First Presbyterian Church | NA | Friday | 6:00 PM | Open | Open Discussion |
| First Presbyterian Church | NA | Saturday | 6:00 PM | Open | Open Discussion/ Text Study |
| Mercer Fellowship Home | AA | Tuesday | 8:00 PM | Open | Open Discussion |
| Mercer Fellowship Home | AA | Friday | 8:00 PM | Open | Open Discussion |
| First Presbyterian Church | AA | Tuesday | 8:00 PM | Open | Big Book Study |
| First Presbyterian Church | AA | Friday | 8:00 PM | Open | Discussion |
| First Presbyterian Church(Former Salvation Army) | AA | Wednesday | 12:00 Noon | Open | Open Discussion |
| First Presbyterian Church | AA | Wednesday | 8:00 PM | Closed | Big Book Study |
| College Ave. Baptist Church | AA | Thursday | 8:00 PM | Closed | Twelve and Twelve Study |
| (Corner of Jefferson and College Ave.) | | | | | |
| Four Seasons Recovery Center (Preston St.) | AA | Sunday | 8:00 PM | Open | Open Discussion |
| First Presbyterian Church | AA | Sunday | 8:00 PM | Open | Beginner Meeting |

| First Presbyterian Church | AA | Monday | 8:00 PM | Closed | Twelve and Twelve Study |
|---------------------------|----|-----------|----------|--------|-------------------------|
| First Presbyterian Church | AA | Saturday | 8:30 PM | Open | Open Discussion |
| First Presbyterian Church | AA | Saturday | 10:00 AM | Closed | Meditation Meeting |
| First Presbyterian Church | AA | Wednesday | 6:00PM | Closed | Women's Meeting |
| First Presbyterian Church | AA | Saturday | 6:30 PM | Open | Women's Group |

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|--|----|--------------|----------|------|-----------------|
| Surrender to Win Meeting-(First United Methodist Church, | NA | Monday | 8:00 PM | Open | Open Discussion |
| 322 Vance, Drive Bristol, TN) | | | | | |
| Central Presbyterian (301 Euclid Ave.) | AA | Mon,Wed,Sat. | 8:00PM | Open | Open Discussion |
| Fellowship Chapel 201 Crockett St, Bristol, VA 24201 | AA | Monday- | 12 Noon | Open | Open Discussion |
| Lunch Bunch | | Friday | | _ | |
| Emmanuel Episcopal Church (700 Cumberland St.) | AA | Tues, Thur | 6:00PM | Open | Open Discussion |
| First United Methodist Church (322 Vance Drive) | AA | Tuesday | 8:00PM | Open | Open Discussion |
| Central Presbyterian (301 Euclid Ave.) | AA | Friday | 7:00PM | OWB | Big Book |
| Central Presbyterian (301 Euclid Ave.) | AA | Friday | 7:00PM | OMB | Big Book |
| Fellowship Chapel 201 Crockett St, Bristol, VA 24201 | AA | Saturday | 11:00 AM | Open | Open Discussion |
| Lunch Bunch | | | | | |
| Central Presbyterian (301 Euclid Ave.) | AA | Saturday | 8:00PM | Open | Open Discussion |
| Trinity Church | AA | 1st&3rd | 12 Noon | Open | Open Discussion |
| | | Saturdays | | | |
| First United Methodist Church (322 Vane Drive) | AA | Sunday | 8:00 | Open | Open Discussion |
| Surrender to Win Meeting-First United Methodist | NA | Wednesday | 8:00 PM | Open | Open Discussion |
| Surrender to Win Meeting-First United Methodist | NA | Friday | 8:00 PM | Open | Open Discussion |
| Surrender to Win Meeting- First United Methodist | NA | Saturday | 8:00 PM | Open | Open Discussion |

Clintwood

| Clintwood VFW Building | NA | Tuesday | 6:00 PM | Open | Open Discussion |
|-----------------------------------|----|----------|----------|------|-----------------|
| Clintwood VFW Building | NA | Thursday | 6:00 PM | Open | Open Discussion |
| Clintwood VFW Building | NA | Saturday | 11:00 AM | Open | Open Discussion |
| Clintwood United Methodist Church | NA | Tuesday | 11:00 AM | Open | Open Discussion |
| Clintwood United Methodist Church | NA | Friday | 6:00 PM | Open | Open Discussion |

Coeburn

| First Baptist Church | NA | Thursday | 6:00 PM | Open | Open Discussion |
|---|----|-----------|----------|------|------------------|
| Coeburn Methodist Church | AA | Saturday | 10:00 AM | Open | Candlelight/Open |
| Coeburn First Baptist Church | NA | Thursday | 7:00 PM | Open | Open Discussion |
| First Baptist Church-Medically Assisted Support Program | | Monday | 6:00PM | Open | Open Discussion |
| Recovery Support Groups – Old Depot Building | | Wednesday | 8:00PM | Open | Open Discussion |

Elizabethton, TN

| Just For Today Group, Crossroads Bldg. (Around Back) | NA | Wednesday | 8:00PM | Open | Open Discussion |
|--|----|-----------|---------|------|-----------------|
| Just For Today Group, Crossroads Bldg. (Around Back) | NA | Saturday | 12:15PM | Open | Open Discussion |

Gate City

| Methodist Church | AA | Monday | 8:00 PM | Open | Open Discussion |
|---------------------------|----|----------|---------|------|-----------------|
| Methodist Church | AA | Thursday | 8:00 PM | Open | Open Discussion |
| First Presbyterian Church | NA | Tuesday | 7:00 PM | Open | Open Discussion |
| First Presbyterian Church | NA | Sunday | 7:00 PM | Open | Open Discussion |

Greeneville, TN

| Primary Purpose Group – Asbury United Methodist | NΔ | Tuesday | 7:00PM | Open | Open Discussion |
|---|-----|----------|-----------|------|-----------------|
| Trilliary rulpose Group – Asoury Cliffica Methodist | INA | 1 ucsuay | /.UUI IVI | Open | Open Discussion |

| Harlan, KY- 115 Cumberland Ave. | AA | Monday | 7:30 PM | Open | Open Discussion |
|---------------------------------|----|-----------|---------|------|--------------------------|
| Harlan, KY-115 Cumberland Ave. | AA | Wednesday | 7:30 PM | Open | Open Discussion |
| Harlan, KY- 115 Cumberland Ave. | AA | Friday | 7:30 PM | Open | Open Discussion |
| Harlan, KY- 309 River Street | AA | Tuesday | 6:00 PM | Open | Discussion/Participation |
| Harlan, KY- 124 South Main | AA | Thursday | 6:00 PM | Open | Topic |
| Harlan, KY- 124 South Main | AA | Saturday | 6:00 PM | Open | Topic |

Harrogate, TN

| Harrogate, TN 6920 Cumberland Gap Parkway (US 25 E) | AA | Monday | 7:00 PM | Open | Open Discussion |
|---|----|-----------|---------|------|-----------------|
| Harrogate, TN (US 25 E) | AA | Wednesday | 7:00 PM | Open | Open Discussion |
| Harrogate, TN (US 25 E) | AA | Friday | 7:00 PM | Open | Open Discussion |

Haysi

| Haysi New Pizza Factor | y NA | Thursda | y 5:00 PM | Open | Open Discussion |
|------------------------|------|---------|-----------|------|-----------------|

Hinton, WV

Johnson City, TN

| Miracles Happen Group – 105 S. Boone St. | NA | Monday | 7:00PM | Open | Open Discussion |
|--|----|-----------|---------|--------|---------------------------|
| Serenity Sisters – Boones Creek United Methodist | NA | Monday | 7:00PM | Open | Open Discussion |
| Nothing to Fear Group – Munsey Ed. & Counseling | NA | Tuesday | 7:00PM | Closed | Step Study |
| Bldg. 215 E. Market St. | | | | | |
| The End of the Road Group – Covenant Presb. Church | NA | Wednesday | 7:00 PM | Open | Open Discussion |
| Nothing to Fear Group – Munsey Ed. & Counseling | NA | Thursday | 7:00PM | Closed | Closed Discussion |
| Bldg. 215 Market St. | | | | | |
| The End of the Road Group-Covenant Presb. Church | NA | Friday | 1:30 PM | Open | Open Discussion |
| Miracles Happen – 105 S. Boone St. | NA | Friday | 7:00PM | Closed | Spiritual Principle Study |
| Miracles Happen – 105 S. Boone St. | NA | Saturday | 7:00PM | Open | Basic Text Study |
| The End of the Road Group-Covenant Presb. Church | NA | Sunday | 7:00 PM | Open | Literature Study |

Kingsport, TN

| 1100555010, 111 | | | | | |
|--|----|-----------|---------|------|--|
| Clean & Free Group Preaching Christ Church | NA | Monday | 7:00 PM | Open | Discussion/Participation |
| Sullivan St. | | | | | |
| Clean & Free Group Preaching Christ Church | NA | Tuesday | 7:00PM | Open | Literature Study |
| A New Way of Life Group | NA | Wednesday | 7:00 PM | Open | Discussion/Participation |
| (1712 Lynn Garden Drive, Kingsport, TN) | | | | | |
| Caring Thru Sharing Group, Preston Hills Presbyterian Church (4701 Orebank Road, Kingsport, TN) | NA | Thursday | 7:00 PM | Open | Discussion/Participation; Speaker meeting every other 4 th Thursday |
| Clean and Free Group, Preaching Christ Church | NA | Friday | 7:00 PM | Open | Discussion/Participation |
| A New Way of Life Group | NA | Saturday | 7:00 PM | Open | Discussion/Participation |
| (1712 Lynn Garden Drive, Kingsport, TN) | | | | | _ |
| Caring Thru Sharing Group, Preston Hills Presbyterian | NA | Sunday | 7:00 PM | Open | Step Study |

Lebanon

| Lebanon United Methodist Church | AA | Monday | 6:00 PM | Open | Open Discussion |
|---------------------------------|----|-----------|---------|------|-----------------|
| Lebanon United Methodist Church | AA | Wednesday | 6:00 PM | Open | Open Discussion |
| Lebanon United Methodist Church | AA | Sunday | 6:00 PM | Open | Open Discussion |

Marion

| Royal Oak Presbyterian Church (139 W. Main Street) | AA | Monday | 8:00 PM | Open | Open Discussion |
|--|----|-----------|---------|------|-----------------|
| Royal Oak Presbyterian Church | AA | Wednesday | 8:00 PM | Open | Open Discussion |
| Royal Oak Presbyterian Church | AA | Thursday | 8:00 PM | Open | Open Discussion |
| Marion Survivors Group - Royal Oak Presbyterian Church | NA | Sunday | 8:00 PM | Open | Open Discussion |

Middlesboro, KY

| 149 North 28th Street | NA | Tuesday | 7:00 PM | Open | Open Discussion |
|-----------------------|----|----------|---------|------|-----------------|
| 149 North 28th Street | NA | Friday | 7:00 PM | Open | Open Discussion |
| 149 North 28th Street | NA | Saturday | 7:00 PM | Open | Open Discussion |

Mouth Card, KY

| Mouth Card Community Center | NA | Thursday | 8:00 PM | Open | Open Discussion |
|-----------------------------|----|----------|---------|------|-----------------|

Norton

| Norton United Methodist Church | NA | Tuesday | 11:15 AM | Open | Open Discussion |
|--------------------------------|----|-----------|----------|------|-----------------|
| Norton United Methodist Church | NA | Wednesday | 6:00 PM | Open | Step Meeting |
| Norton United Methodist Church | NA | Wednesday | 7:00 PM | Open | Open Discussion |

Pennington Gap

| United Methodist Church | AA | Tuesday | 8:00 AM | Open | Open Discussion |
|-------------------------|----|----------|---------|--------|-----------------|
| United Methodist Church | AA | Thursday | 8:00 PM | Open | Open Discussion |
| United Methodist Church | AA | Friday | 8:00 AM | Open | Open Discussion |
| United Methodist Church | AA | Sunday | 3:00 PM | Closed | Women's Group |
| United Methodist Church | AA | Sunday | 4:30 PM | Open | Open Discussion |
| United Methodist Church | NA | Tuesday | 7:00 PM | Open | Open Discussion |

Pikeville, KY

| United Methodist Church – 107 Main Street | NA | Monday | 8:00PM | Open | Literature Study |
|---|----|-----------|---------|------|------------------|
| Pikeville United Methodist Church | AA | Tuesday | 8:00 PM | Open | Open Discussion |
| United Methodist Church – 107 Main Street | NA | Tuesday | 8:00PM | Open | Topic |
| United Methodist Church – 107 Main Street | NA | Wednesday | 8:00PM | Open | Open Discussion |
| First Christian Church – 313 Chloe Road | NA | Thursday | 8:00PM | Open | Open Discussion |
| United Methodist Church – 107 Main Street | NA | Friday | 8:00PM | Open | Open Discussion |
| United Methodist Church – 107 Main Street | NA | Saturday | 7:00PM | Open | Open Discussion |

Princeton, WV

| MIBC building, 1005 South 9 th | AA | Monday | 8:00PM | Open | Open Discussion |
|---|----|-----------|---------|--------|---------------------|
| MIBC building, 1005 South 9 th | NA | Tuesday | 7:30 PM | Open | Open Discussion |
| MIBC building, 1005 South 9 th | AA | Tuesday | 7:00 AM | Open | Open Discussion |
| MIBC building, 1005 South 9 th | AA | Wednesday | 8:00 PM | Closed | Closed/Addicts Only |
| MIBC building, 1005 South 9 th | NA | Thursday | 7:30 PM | Closed | Literature Study |
| MIBC building, 1005 South 9 th | AA | Friday | 6:00 PM | Closed | Open Discussion |
| MIBC building, 1005 South 9th | AA | Saturday | 7:30 AM | Open | Open Discussion |
| MIBC building, 1005 South 9th | NA | Saturday | 8:00PM | Closed | Basket Topic |
| Princeton Catholic Church | AA | Tuesday | 12 noon | Open | Open Discussion |
| Princeton Catholic Church | AA | Thursday | 12 noon | Open | Open Discussion |

Richlands

| Trinity Episcopal Church | Hillcreek Road | NA | Monday | 8:00PM | Open | Open Discussion |
|--------------------------|----------------|----|-----------|---------|------|-----------------|
| Trinity Episcopal Church | Hillcreek Road | NA | Wednesday | 8:00PM | Open | Open Discussion |
| Trinity Episcopal Church | Hillcreek Road | NA | Friday | 12:00PM | Open | Open Discussion |

Tazewell

| Tazewell Presbyterian Church (Second Chance) | AA | Wednesday | 5:30 PM | Open | Open Discussion |
|--|----|-----------|---------|--------|-----------------|
| Tazewell Christian Church (Pine Street) Tazewell group | AA | Monday | 7:00 PM | Closed | Open Discussion |
| Tazewell Christian Church (Pine Street) Tazewell group | AA | Thursday | 7:00 PM | Closed | Open Discussion |
| Main Street United Methodist Church | NA | Monday | 6:00 PM | Closed | Women's group |
| | | | | | Step Study |
| City On the Hill | AA | Saturday | 7:00 PM | Open | Open Discussion |

Welch

| St. Peter's Catholic Church (111 Virginia Ave.) | NA | Tuesday | 7:00 PM | Open | Open Discussion |
|---|-----|----------|---------|------|-----------------|
| Wise | | | | | |
| Trinity United Methodist Church | AA | Monday | 8:00 PM | Open | Open Discussion |
| Trinity United Methodist Church | Λ Λ | Thursday | 8.00PM | Open | Open Discussion |

Area Al-Anon/ Nar-Anon Meetings

Abingdon Area

| Sinking Springs Presbyterian Church | Tuesday | 8:00 PM |
|---|-----------------------------------|---------|
| Bluefield/Princeton Area | | |
| First Presbyterian Church Mercer Nar-Anon Family Group (208 Tazewell Ave) | Sunday | 8:00 PM |
| Princeton Presbyterian Church (1809 W. Main St.) | Monday | 7:00 PM |
| Green View United Methodist Church, Green Valley, WV (ACOA) | Tuesday | 6:30 PM |
| Trinity Methodist Church | Saturday | 12:00PM |
| Bristol Area | | |
| State Street United Methodist Church | Wednesday | 7:00 PM |
| Trinity Church | 2 nd & 4 th | 12 Noon |
| | Saturday | |
| Tazewell | | |
| H.E.L.P. (Healing Every Loving Parent) | Thursday | 6:30 PM |
| Destiny Ministries | | |

Contacts for meetings or for directions and information

 Peggy...(276)880-2139
 Steve Ray... 276-202-9553

 Randall...(276)498-3757
 Tammy P...(276)435-1361

 Gene Mink...(276)944-5052
 Lonnie & Donna (606)253-2223

 Marlene...(276)926-8357
 Hoss K.....(276)245-8523

 Carol..(276)245-6119
 Bobby... (276)345-3617

 Shawn Allen (276) 219-3643
 Tyler Huff (276) 971-5321

David Wilburn (276) 210-2728

Contact Numbers: New Life Fellowship 276.498.3900 or 276.498.4825

Bluewell Baptist: 304.952.4295

ALANON Contact Number: 1-888-425-2666

Area Christ-Centered Recovery Meetings Abingdon

| Abingdon | | |
|--|---------------------------------------|-------------|
| Emmanuel Baptist Church (19383 Lee Hwy) RU-Reformers Unanimous | Friday | 7:00PM |
| | | |
| Bluefield | | |
| First Christian Church—2200 Bland Road | Thursday | 6:00 PM |
| Bristol, VA | | |
| Highlands Fellowship – Bristol Campus | Tuesday | 6:00 PM |
| Recovery Bristol (State Street United Methodist Church) | Thursdays | 6:00 PM |
| Tri-Cities Recovery (1119 Commonwealth Ave.) | Thursday | 7:00PM |
| Belle Meadows Baptist Church (619 Wagner Rd.) | Friday | 7:00PM |
| Bluewell, WV | • | |
| First Baptist Church- Celebrate Recovery | Sunday | 4:00PM |
| Clintwood | • | |
| Dickenson Center for Education 818 Happy Valley Dr. | Thursday | 6:00 PM |
| | • | |
| Castlewood | | |
| Morning Star | Thursday | 6:00 PM |
| Dante Assembly of God | Every 3 rd Friday | 7:00 PM |
| Grundy/ Buchanan County Area | · · · · · · · · · · · · · · · · · · · | · · |
| The Connection Celebrate Recovery (Hurley, VA) | Friday | 7:00 PM |
| Tookland Pentecostal Church- Celebrate Recovery | Wednesday | 4:30 PM |
| New-Life Fellowship, Oakwood, VA- Celebrate Recovery | Wednesday | 7:00 PM |
| Recovery by Deliverance (Deliverance Tabernacle, Home Creek) | Wednesday | 7:00 PM |
| Harman Memorial Baptist | Thursday | 6:30 PM |
| The Connection Living Free (Hurley Va.) | Sunday | 7:00 |
| Honaker | Sullday | 7.00 |
| Calvary Lighthouse | Friday | 6:00PM |
| Lebanon | Tituay | 0.001 101 |
| Recovery at Lebanon (Methodist Church) | Thursday | 6:00 PM |
| Word of Victory Fellowship (Elk Garden area) | Tuesday | 6:30 PM |
| Mouth Card, KY | Tuesday | 0.30 1 101 |
| Mouth Card Community Center- Celebrate Recovery | Monday | 8:00 PM |
| Norton | Monday | 0.00 FWI |
| The City Center- beside Appalachian Healthcare Complex | Monday | 7:00PM |
| * ** | Monday | 7:00PM |
| Phelps, KY | W-11 | C.00DM |
| First Baptist Church of Phelps | Wednesday | 6:00PM |
| Princeton, WV | D : 1 | 0.20 43.6 |
| Drug Court and Daily Reporting Center- Celebrate Recovery | Friday | 9:30 AM |
| Johnston Chapel | Thursday | 6:00 PM |
| Raven, VA | T mt 1 | (20 P) f |
| Living Free (Beside of Voice of Healing and Deliverance Ministries) | Thursday | 6:30 PM |
| Richlands Area | T | 1 = 00 = 10 |
| Calvary Temple, Vicky Drive, Richlands- Celebrate Recovery | Tuesday | 7:00 PM |
| District 43 Probation Office-(Closed when school is closed due to inclement weather) | Wednesday | 9:00 AM |
| Tazewell Area | | |
| Destiny Outreach Ministries, Tazewell, VA- Celebrate Recovery | Sunday | 9:00 AM |
| North Tazewell Church of Christ | Monday | 6:30 PM |
| (Behind North Tazewell Elementary) – Celebrate Recovery | | |
| Main Street United Methodist, Church Tazewell, VA- Celebrate Recovery | Tuesday | 6:00 PM |
| Testimony of Life Ministries, Tazewell, VA- Free For Life | Thursday | 7:30 PM |
| Destiny Outreach Ministries, Tazewell, VACelebrate Recovery | Thursday | 6:30 PM |
| | | |
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Johnson City, Kingsport, Bristol Area

| Recovery at Clay Street | Wednesday | 6:00 PM |
|--|-----------|---------|
| 260 Victory Lane, Kingsport, TN Christ Fellowship CR | Monday | 6:00 PM |

Attention Miners

-Have you lost your Miner's Certification and received a letter from the DMME?
 -Are you interested in getting your certification back?
 -Please contact Mary Gibson at the Department of Mines, Minerals, and Energy

276-523-8234

Are You Pregnant or May Become Pregnant?

Drugs and alcohol use while pregnant will harm your unborn baby.

Getting **HELP** is easy- Virginia's CSBs give priority to pregnant women who are using drugs and/or alcohol. You will get help within 48 hours of requesting assistance from the CSB.

For help, contact: **Project Link** at CMCS at Grundy/Tazewell/Main/Lebanon Phone: 276-935-7154 or 276-964-6702

Healthy Pregnancy Tips:

- *Make a goal of delivering your baby drug, alcohol and tobacco free
- *Get treatment and support through your CSB
- *Get prenatal care from your medical provider
- *Keep your baby safe
- *Find healthy ways to manage stress

Community Coalitions:

PARDNERS of Tazewell County meets the 1st Thursday of each month at Cumberland Mountain Community Services Main Office next to SWCC at 12 noon, lunch will be served.

WE CARE- Russell County meets the 3rd Tuesday Quarterly in the Government Building behind Wendy's in Lebanon at 7pm.

Healing in the Hills- Buchanan County meets the 1st Monday of each month at the Booth Center behind the Appalachian School of Law in Grundy at 7pm. Contact 276-979-6176.

$\underline{www.StopSubstanceAbuse.com}$

For any schedule changes please contact Teresa Morgan tmorgan@cmcsb.com

or

276-889-3063